



Priority Learning (207) 653-2552

Inspiring Tomorrow's Performance...

www.prioritylearningresearch.com

Priority Learning presents the *Leadership Coaching Series*

The *Leadership Coaching Series* is designed for professionals in a training role, a leadership or management role, or for anyone who needs great approaches to help others solve their own issues; learn, grow, and develop their career choices; and enhance workplace performance. This series consists of eight full day workshops over five months and will build the essential skills of effective business coaching.

Sessions 1 & 2: Coaching as a Way of Life & Feedback, Attitudes, and Approaches

- Introduction and best practices of being a coach.
- Learn three important coaching skills: acknowledging, validating, and open-ended questions.
- Experience the cycles of a coaching conversation.
- Use the DiSC process to determine how your communication skills impact others.
- Know the difference between transactional and transformational coaching.
- Explore coaching needs for all levels of employees in the workplace.

Sessions 3 & 4: Listening, Values, Clarifying, & Fitness

- Experience the three levels of listening and the power it brings to coaching.
- Learn the importance of clarifying your values and those of others.
- Discover your EI (Emotional Intelligence) and examine the Six-Cap Coaching System.
- Gain more skills to use in various coaching conversations.
- Practice, practice, practice your coaching skills.

Sessions 5 & 6: Applying Neurolinguistics Programming & Coaching Difficult People

- Explore NLP and apply the elements of Meta-Messages to your coaching style.
- Learn to tell your story as a coaching technique.
- Examine your conflict style and apply it when coaching others.
- Identify your unique bridges and barriers to coaching, using your DiSC assessment.

Sessions 7 & 8: Coaching Tool of the Trade and Celebration

- Learn the cycle of change and the breakthrough laser coaching.
- Design your coaching model for the future.
- Practice coaching and giving feedback.
- Share your learning through a professional presentation.

For more information, please contact us!

Jodi@Luma-Coaching.com

Stacy@PriorityLearningResearch.com

